

Before I Fall Asleep

Writer

Elizabeth Tan

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Before I close my eyes for the night
I stare into the darkness
that blinds my vision
and I see your face.

Those beautiful brown eyes
of yours
and your sweet smile
look down at me.
Your hand caresses my cheek
and I can feel your warm palm
against my cold skin.

I hold my hand out
to touch your handsome face
but you disappear.
My vision of you fades away
and the darkness blinds me once
again.

I close my eyes for the night
but it's hard forcing myself to sleep.
How can I rest knowing that
you're not with me?
The memory hurts.
It stabs at my aching heart
and sends a freezing chill through
the rest of my fragile body.

What happened to me?
What happened to you?
What happened to *us*?
What went wrong?

So many questions
toss and turn
over and over
in my head as I finally manage
to fall asleep to try
and comfort my bleeding heart.

And yet, as I sleep
alone
I dream of you
to try and keep warm
through another long night
on my own.

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